

Leadership Laboratorium – **for executives with a future**

Develop management personalities through a training experience unlike any other

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TOP 100
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Recognize the mood of the times

The search for an improvement of efficiency and cost-saving has been the central issue of strategic acting in almost all areas of business for years. Yet lots of concerns are badly affected by the effects of the world economic crisis, some of them are even fighting for survival. Lots of facts contributed to this crisis, but only a few businesses use the chance for reflection, to come out of this situation strengthened.

At the same time the undeveloped potential for the improvement on efficiency and competitiveness can be found in one's own management: Unleashing innovative thinking and acting as well as the expansion of inner strengths turns executives into stable management personalities. Only in this manner can you represent a basis for a new and profound corporate success in times of instability and change.



Strength by personality

Being a leader means living total responsibility. A leader's action pursues the realisation of entrepreneurial, economic objectives in the knowledge that a high level of motivation of one's employees has to be achieved. Modern leading personalities see themselves as team players and take responsibility for the team and its results.

Living responsibility means leading your employees to responsibility. In doing so leading personalities will give their employees support continuously in everyday practical work. An active feedback culture promotes a permanent continuation of one's qualification, that will open up new possibilities for an individual and will lead to a permanent improvement of the team's performance. A team that sees itself as a learning unit is able to find new ways to attain its objective - to make progress for the individual and the enterprise.



Learning by doing

The development from executive to leading personality is done by teamwork in the ADEMA Leadership Laboratory. Through self-knowledge, reflection and analysis in a multitude of personal experiences to understanding the motives of one's actions. This way you have the chance to recognize consequences and to accept total responsibility for your further actions.

This responsibility can be experienced practically in the everyday routine duties in self-catering apartments in the seminar. In this way everyone in the team learns from the start to experiment, to reflect, to act responsibly and to communicate

effectively. So learning issues will never be theory, but will be actively experienced during the course of the Laboratory.

In the sheltered setting of these extraordinary conditions the personality of the participant will gain strength, authenticity and charisma. The experiences from the Laboratory will enable the participants to really see their surroundings and the motives of other people's actions. This will open up an almost inexhaustible potential of new possibilities to meet the everyday challenges.



You are exactly right here

The ADEMA leadership Laboratory has been specially developed for executives of all levels who want to better the quality of their performance. In the course of the event they will be given the chance to discover hidden potentials and to employ these profitably in the future. So the efficiency and competitiveness of their enterprises will be lastingly strengthened in the end.

You can participate in these events individually or experience them with together your team. By its design as a team process, the ADEMA Leadership Laboratory is particularly effective for executive groups and project groups that want to develop into high-performance teams.

Integral adaptation processes are in particular positively supported by the ADEMA laboratory events. Of course an individual solution will be developed for the demands of your company. Contact us.

You can also find additional interesting information on the topic of change processes on the Internet under:

<http://www.unternehmensberatungdigital.info/d/3315/inhalt.html>



Master Time, Space and Dimension

The ADEMA Leadership Laboratory is designed by modules. Each module is a self-contained event lasting 3.5 days. The integral basic training consists of four successive modules, each picking up where the previous one left off. If desired, an adaptation of the program to the specific challenges in your company can be arranged.

There is a series of seminar courtyards for the events in different regions to choose from. They meet all demands that the extraordinary program of the ADEMA Laboratories require and offer a suitable setting for the intensive team process.

All the ADEMA Laboratories are run by Jonathan Sprungk himself. He developed the program and stands for the success of these events.

Module 1: **My Abilities and Characteristics**

- Factors for success of a modern executive in daily practice
- Sensitizing my self-perception
- Self-direction through self-confidence

Module 2: **My Impact as an Executive on Others**

- Strengthening my charismatic appearance
- My social competence in conflict situations
- Conscious controlling of my impact

Module 3: **Competence in Communications and Relationships**

- Using the potential offered by teams
- Create value-added relationships
- Progressing from goals to goal achievement

Module 4: **Me as Part of the System of Change**

- My impact in the team
- Mastering team conflicts together
- Team reflection in case studies



Open and Honest

In the year 2000 in the middle of a quite impressive career in the free market economy Jonathan Sprungk deliberately decided to work with people and he lives up to this claim as manager and coach with a passionate enthusiasm.

He is a companion to people with sincere engagement in professional and personal contexts. Working with organizations and enterprises respectful and attentive dealing with people will always be in the centre of his attention. His coaching deals with the development of personality and potential of executives claiming leadership on all levels of hierarchy as well as in executive management. In particular this special competence is being proved here by his direct support for the practical realization in professional and private life.

In 2007 Jonathan Sprungk presented a concept for the development of personality in the specially developed ADEMA Laboratories that set a high international standard. With pleasure and motivation he takes people through the learning process who are orientated towards direct experience and experiment in a team. The result is a keen perception of yourself and your environment, a new impetus to alter your acting and eventually taking responsibility for actions and accepting consequences with „total responsibility“.

“... You're looking for good executives? I'm warning you! The current status of our economic situation is the result of so-called good executives. Future-oriented executives are executives who are willing to travel down new paths, to take on new and innovative solutions and who are in particular willing to assume the radical responsibility for their actions and the resulting consequences ...”



And the effect can be felt

Holger Schaar, Präsident der Synquanet AG:

Jonathan Sprungk is an instructor with a breakthrough style! His practice-oriented laboratory revolving around “Radical Personal Responsibility” is the training I have waited 10 years for. It is in-depth and will result in a sustained impact – guaranteed.

Marc S.:

In the laboratory I learned to constantly question things, to become aware of my impact on all that is involved and to consciously go beyond limits. An additional and very important aspect for me is the model of radical personal responsibility, which can in professional life result in less attrition and thereby lead to greater efficiency.

Axel N.:

I appreciate very much the ability of Jonathan Sprungk to catch the right points and his skills to feel emotions.

Thomas K.:

I received a lot of valuable knowledge and experience that shed light on and broke through well-worn views and patterns of action. The Laboratory helped the team to reach a new stage of development.

Cindy S.:

For me the lab is an indispensable and absolutely valuable experience in order to become a truly “good” process manager - it is more than just training, it’s an insight into life. Thank you.

*Read additional customer comments under:
www.adema-coaching.de*



The Time is Ripe

There is no reason to wait. Each new day offers the opportunity for change. Take the step towards a future in “radical responsibility” and discover for yourself how meaningful, valuable and useful this new thinking and acting is. For you, your team and for your entire corporate success.

Have any questions? You can find additional information under: www.adema-coaching.de. Of course, we are available to answer any questions under the adjacent contact details.

Are you determined to lead your staff to responsible leadership? That much the better. Register by telephone or by e-mail at: info@adema-coaching.de. We will provide the information you need concerning dates, event locations and terms and conditions.

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